

**The Fleet and Family Support Center**  
**Naval Station Norfolk**

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**Transition GPS Workshops**

**Requirement concerning Pre-Separation Counseling:**

Pre-Separation Counseling is initiated through with your Command Career Counselor (CCC) or Command Transition Officer (CTO) 24-18 months remaining before retirement; 18-12 months prior to separation; and not less than 90 days remaining on Active Duty whether retiring or separating pursuant to 10 U.S.C. 1142. Service members must complete a Pre-Separation Counseling Checklist, DD Form 2648 for Active Duty Personnel, or a DD Form 2648-1 for Reserve Personnel, and the following additional requirements:

- DD Form 2648/DD Form 2648-1 completed less than 90 days must contain explanatory remarks summarizing the reason(s) why Pre-Separation Counseling was not completed prior to the 90 days.
- Received an overview of Transition GPS Components
- Explanation of Career Readiness Standards (CRS)
- Information and assistance with eBenefits Registration
- Information and assistance completing the O\*NET Interest Profiler or Kuder Journey Assessment
- A copy of the Individual Transition Plan (ITP)
- For additional guidance contact your CCC or CTO to schedule your counseling session, complete pre-requisite work, and schedule to attend the Transition GPS Workshop.
- [DD Form-2648 \(TEST\) - ACDU Fillable](#)
- [DD Form-2648-1 \(TEST\) - Reserve Fillable](#)

**Transition GPS Workshops**

- 5-9 Oct 2015
- 19-23 Oct 2015
- 26-30 Oct 2015
- 2-6 Nov 2015
- 16-20 Nov 2015
- 30 Nov - 4 Dec 2015
- 7-11 Dec 2015
- 14-18 Dec 2015
- 4-8 Jan 2016
- 11-15 Jan 2016
- 25-29 Jan 2016
- 1-5 Feb 2016
- 8-12 Feb 2016
- 22-26 Feb 2016
- 29 Feb - 4 Mar 2016
- 7-11 Mar 2016
- 14-18 Mar 2016
- 21-25 Mar 2016
- 28 Mar - 1 Apr 2016
- 11-15 Apr 2016
- 18-22 Apr 2016
- 25-29 Apr 2016
- 2-6 May 2016
- 9-13 May 2016
- 16-20 May 2016
- 23-27 May 2016

- 6-10 Jun 2016
- 13-17 Jun 2016
- 20-24 Jun 2016
- 27 Jun - 1 Jul 2016
- 11-15 Jul 2016
- 18-22 Jul 2016
- 25-29 Jul 2016
- 1-5 Aug 2016
- 8-12 Aug 2016
- 15-19 Aug 2016
- 22-26 Aug 2016
- 29 Aug - 2 Sep 2016
- 12-16 Sep 2016
- 19-23 Sep 2016
- 26-30 Sep 2016

#### **Accessing Higher Education Track**

- 18-19 Nov 2015
- 24-25 Feb 2016
- 18-19 May 2016
- 17-18 Aug 2016

#### **Technical Training Track**

- 7-8 Oct 2015
- 6-7 Jan 2016
- 9-10 Mar 2016
- 11-12 May 2016
- 15-16 Jun 2016
- 14-15 Sep 2016

#### **Entrepreneurship Track**

- 28-29 Oct 2015
- 13-14 Jan 2016
- 13-14 Apr 2016
- 20-21 Jul 2016

#### **Capstone Event**

- 13-Oct-15
- 10-Nov-15
- 8-Dec-15
- 12-Jan-16
- 9-Feb-16
- 8-Mar-16
- 12-Apr-16
- 10-May-16
- 14-Jun-16
- 12-Jul-16
- 9-Aug-16
- 13-Sep-16

**Please Note:**

- Forty-one weeks FFSC Norfolk is running six Transition GPS five-day workshops in building U93 with a maximum of 300 students. The tracks and capstone events are conducted in other buildings (SDA-344, C9 AND U93 ON NON T-GPS five-day workshop weeks) which can be seen at the end of each of the above dates.
- Attendance to a Transition GPS workshop must be processed through each command's career counselor.
- Individual counseling on DOD transition benefits or VA benefits and entitlements, as well as referrals to other available services.
- Client Resource Center for transitioning and relocating service members and dependents.
- All service members must process their requests for attendance to a workshop with their respective Command Career Counselors.

**Workshop POC**

Naval Station Norfolk  
Fleet and Family Support Center  
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Norfolk, VA 23511  
Phone: (757) 444-6089

- Interested in advancing or changing your career visit O\*NET at <http://www.onetonline.org/>
- Looking for Job Fairs and/or other employment placement opportunities visit: "Hiring our Heroes" at <http://www.uschamber.com/veterans/events>
- The American Job Center at <http://www.careeronestop.org/>
- VA Employment Center at [https://www.ebenefits.va.gov/ebenefits-portal/ebenefits.portal?\\_nfpb=true&\\_portlet.async=false&\\_pageLabel=Jobs](https://www.ebenefits.va.gov/ebenefits-portal/ebenefits.portal?_nfpb=true&_portlet.async=false&_pageLabel=Jobs)
- For Relocation Information visit "Plan My Move" at <http://www.militaryonesource.mil/moving>

FOR YOUR COMPLETE GUIDE TO FFSP SERVICES, VISIT: <http://www.ffsp.navy.mil>